## **Designed For Immediate, Short-Term Use**

QuickSplint® Overnight Oral Appliance is a protective and stabilizing device to prevent you from clenching your teeth and will help the jaw, neck, and head muscles to relax and recover. Control pain and inflammation with hot/cold therapy applied to tender muscles and joints. Follow the steps we suggest for reducing habits and activities that put a strain on the neck, jaw joints, and jaw muscles during the day. This will improve your chances of a full recovery or provide interim care until you identify a medical/dental provider.



## **Understanding TMJ Disorders**

For over 10 years, Dentists have provided QuickSplint® for acute jaw pain, and as a diagnostic tool to differentiate between over 30 types of chronic TMJ disorders. The use of QuickSplint® and the Speed2Treat® Home Healing Kit is not a substitute for professional care, however in our experience patients often wait too long for treatment or are unsure what to do and where to go. Trial use of our simple treatments help you and your medical/dental team determine next steps.



## **Holistic Healing**

Our products are non-narcotic and address common jaw pain and headache conditions before they become chronic TMJ disorders. Most people will make a full recovery in 4 weeks with diligent self-care. Every person's response to pain is different however, and you might have ups and downs. We have designed supportive online videos with helpful information on returning to normal jaw function.



## **Relief On Night 1**

Face it, our jaw and facial muscles are in continuous use throughout the day and night. Resting this part of our body is difficult. Wearing QuickSplint® when you sleep will reduce muscle tensing in response to pain and calm your overall nervous system – you will notice the difference on night one!