

### Scientific Report

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### Background and aim of the study

Adequate adhesive luting is a fundamental prerequisite for good clinical performance of ceramic inlays and partial crowns.<sup>1</sup> Compared to direct restorations, where both adhesive and luting composite are light-cured, light transmission through ceramics is always a problem because a high percentage of energy is filtered.<sup>2</sup>

Dual-curing luting composites are an appropriate way to meet the above-mentioned challenges. It is important that dark curing properties are pronounced in order to get good adaptation in deep cavities.<sup>3</sup> Aim of this in vitro study was to evaluate the dual-curing luting composite **Visalys**<sup>®</sup> CemCore regarding adhesive performance after different pre-treatments in deep Class II cavities and to compare it with standards. Methodology of choice was chewing simulation, allowing to look deeper into fatigue phenomena in the resin-ceramic and resin-tooth interfaces.<sup>4</sup>

<sup>1</sup>Van Meerbeek et al., 2003; Frankenberger et al., 2009

<sup>4</sup>Frankenberger & Tay, 2005; Garcia-Godoy et al., 2011

<sup>&</sup>lt;sup>2</sup>Krämer & Frankenberger, 2000; Frankenberger et al., 2008

<sup>&</sup>lt;sup>3</sup>Frankenberger et al., 2011



#### Study design – materials & methods

Fifty-six freshly extracted human third molars received extended MOD preps (n = 8; width 6 mm, isthmus 3 mm, mesial box in enamel, distal box in dentin/cementum). Cavities were scanned (Cerec 3D, Sirona) and restored with CAD/CAM ceramic inlays (e.max CAD, lvoclar Vivadent). Intaglio surfaces were etched with 5 % hydrofluoric acid for 20 s, rinsed, dried, and silanated with **Visalys**<sup>®</sup> Restorative Primer (**Visalys**<sup>®</sup> CemCore groups) or Monobond Plus (lvoclar Vivadent). Groups 8-11 were investigated in another study (independent of this study) and the results have been supplemented for a better classification.

The pretreatment of the teeth was conducted analogously to Table 1.

Ceramic inlays were adhesively luted according to manufacturers' recommendations and experimentally modified; additional light-curing was always carried out. After polishing specimens were stored for 21 days in aqua dest. at 37 °C, and epoxy replicas were manufactured for further SEM analysis (Alpha-Die MF, Schütz Dental).

Class II specimens were subjected to thermomechanical loading (TML) in the Marburg type chewing simulator (100,000 cycles à 50 N after 2,500 thermocycles 5/55 °C – our clinical correlation to two years of clinical service; SD Mechatronik, Feldkirchen) and replicated before and after TML.

Replicas were gold sputtered and analyzed under an SEM (Phenom, Phenomworld) at 200 x magnification relating to marginal quality (= percentage of gap-free margins; Winmes 2.0). Data were analyzed with Wilcoxon- and Mann-Whitney U-Tests (SPSS 17.0).



Marginal gap between enamel and luting composite (group 3; SEM, 200x magnification).



### **Results**

The results of the marginal gap analysis are shown in the following table:

Pretreatment regimen					Results of the marginal gap analysis			
Etching technique	Adhesive/Primer + Iuting composite	Phosphoric acid in enamel	Phosporic acid in dentin	Seperate light-curing of Adhesive/ Primer	Perfect margin enamel initial % (SD)	Perfect margin enamel TML % (SD)	Perfect margin dentin initial % (SD)	Perfect margin dentin TML % (SD)
Self-Etch	Visalys <sup>®</sup> Tooth Primer + Visalys <sup>®</sup> CemCore				87 (5) <sup>в</sup>	78 (7) <sup>c</sup>	100 <sup>A</sup>	78 (7) <sup>a</sup>
	Adhese Universal + Variolink Esthetic			x	90 (7) <sup>B</sup>	84 (5) <sup>в</sup>	100 *	83 (7) <sup>A</sup>
	Panavia V5 Tooth Primer + Panavia V5				85 (6) <sup>в</sup>	73 (9) <sup>D</sup>	100 *	80 (6) <sup>A</sup>
	Scotchbond Universal + RelyX Ultimate				90 (8) <sup>в</sup>	93 (8) <sup>в</sup>	93 (8) <sup>в</sup>	70 (9) <sup>c</sup>
	Multilink Primer + Multilink Automix				84 (6) <sup>в</sup>	66 (10) <sup>E</sup>	90 (8) <sup>c</sup>	66 (8) <sup>D</sup>
	RelyX Unicem				84 (10) <sup>B</sup>	64 (8) <sup>E</sup>	100 ^	79 (7) <sup>a</sup>
Selective-Etch	Visalys <sup>®</sup> Tooth Primer + Visalys <sup>®</sup> CemCore	x			100 <sup>₄</sup>	92 (5) <sup>A</sup>	100 *	80 (6) <sup>A</sup>
	Adhese Universal + Variolink Esthetic	x		x	100^	93 (4) <sup>A</sup>	100 *	80 (9) ^
Total-Etch	Visalys <sup>®</sup> Tooth Primer + Visalys <sup>®</sup> CemCore	x	x		100^	91 (5) <sup>^</sup>	94 (7) <sup>в</sup>	72 (7) <sup>в</sup>
	Adhese Universal + Variolink Esthetic	x	x	x	100^	94 (4) <sup>A</sup>	100^	77 (6) <sup>a</sup>
	Syntac + Heliobond + Variolink Esthetic	x	x	x	100^	91 (6) <sup>^</sup>	100^	74 (9) <sup>в</sup>

**Tab. 1:** Results (identical superscript letter within the columns: p>0,05, Mann-Whitney U-Test). **The portion of gaps and irregularities** between ceramic and luting resin were <1% and therefore not further statistically evaluated.

If the letters within the columns are the same, no statistically significant differences can be detected between the respective samples compared with each other.

### Conclusion

The results of the marginal integrity analysis show the following issues for the adhesive performance of **Visalys**<sup>®</sup> CemCore:

- Chewing simulation leads to significant adhesive fatigue (p < 0.05). 100 % perfect margins did not occur so far, so the estimation of the present values is very good.
- Selective enamel etching improves enamel margins in all groups (p < 0.05).
- Etch-and-rinse in dentin is detrimental for both initial and long-term dentin bonding in all groups (p < 0.05), however, still being on a good level.
- In self-etch mode, Visalys<sup>®</sup> CemCore revealed excellent sealing properties, and in general a similar adhesive performance compared to Variolink Esthetic.
- Altogether, Visalys<sup>®</sup> CemCore + Visalys<sup>®</sup> Tooth Primer is comparable to Variolink Esthetic + Adhese Universal as well as Variolink Esthetic + Syntac + Heliobond regarding marginal integrity of ceramic inlays.





#### **Results of marginal integrity**





#### **Results of marginal integrity**

in self-etch mode after thermomechanical loading compared to other materials



• Visalys® CemCore revealed excellent sealing properties even without additional etching (total-etch or selective-etch).

• Visalys<sup>®</sup> CemCore + Visalys<sup>®</sup> Tooth Primer is comparable to Variolink Esthetic + Syntac + Heliobond (multi-component LC adhesive system - "Gold standard") regarding marginal quality